How Healthy Are We?

2019 HEALTH OUTCOME RANKINGS
How long people live and how healthy they feel while alive

- **Muskegon #59**: Length of Life - 52nd
- **Ottawa #21**: Length of Life - 1st
- **Newaygo #37**: Length of Life - 81st
- **Oceana #66**: Length of Life - 46th

Rankings

**Health Outcomes**

**Muskegon**
- Preventive Death 85%
- High Blood Pressure 3%
- High Cholesterol 9%
- Diabetes 8%

**Ottawa**
- Preventive Death 74%
- High Blood Pressure 6%
- High Cholesterol 5%
- Diabetes 6%

**Newaygo**
- Preventive Death 71%
- High Blood Pressure 4%
- High Cholesterol 3%
- Diabetes 3%

**Oceana**
- Preventive Death 88%
- High Blood Pressure 3%
- High Cholesterol 2%
- Diabetes 2%

Regional Perspective

- String better than most
- Not doing as well as usual

Health Behaviors 30%

- Alcohol-Impaired Driving Deaths 2.5%
- Mammography Screening 2.5%
- Flu Vaccinations 2.5%
- Tobacco Smoking 2.5%

Physical Environment 30%

- Adult Obesity 5%
- Excessive Drinking 2.5%
- Driving Alone to Work 2%
- Traffic Deaths 2.5%

Social and Economic 30%

- Social Associations 2.5%
- Income Inequality 2.5%
- Uninsured 5%
- Foster Care 2.5%

Health Factors

- Preventable Death 85%
- Preventive Death 74%
- Preventive Death 71%
- Preventive Death 88%

- High Blood Pressure 3%
- High Blood Pressure 6%
- High Blood Pressure 4%
- High Blood Pressure 3%

- Diabetes 8%
- Diabetes 9%
- Diabetes 6%
- Diabetes 2%

- Preventive Health Days 10%
- Preventive Health Days 10%
- Preventive Health Days 10%
- Preventive Health Days 10%

- Adult Obesity 5%
- Adult Obesity 6%
- Adult Obesity 4%
- Adult Obesity 2%

- Excessive Drinking 2.5%
- Excessive Drinking 2.5%
- Excessive Drinking 2.5%
- Excessive Drinking 2.5%

- Driving Alone to Work 2%
- Driving Alone to Work 2%
- Driving Alone to Work 2%
- Driving Alone to Work 2%

- Traffic Deaths 2.5%
- Traffic Deaths 2.5%
- Traffic Deaths 2.5%
- Traffic Deaths 2.5%

- Public Transportation Use 1%
- Public Transportation Use 1%
- Public Transportation Use 1%
- Public Transportation Use 1%

- Access to Exercise Opportunities 1%
- Access to Exercise Opportunities 1%
- Access to Exercise Opportunities 1%
- Access to Exercise Opportunities 1%

**County Health Rankings**

Monitoring Action Toward Community Health

A Look at Health Trends in Muskegon County (2010 to 2019)